



**SUMMIT COUNTY
SAFETY COUNCIL**

Safety & Health News

Preventing Carbon Monoxide Exposure

Carbon monoxide (CO) is an odorless, colorless, poisonous gas that can cause sudden illness and death if present in sufficient concentration in the ambient air. When power outages occur during emergencies such as winter storms, the use of alternative sources of fuel or electricity for heating, cooling, or cooking can cause CO to build up in a home, garage, or camper and poison the people and animals inside. Generators, grills, camp stoves, or other gasoline, propane, natural gas, or charcoal-burning devices should never be used inside a home, basement, garage, or camper - or even outside near an open window or window air conditioner.

How to Recognize CO Poisoning: The symptoms and signs of carbon monoxide poisoning are variable and nonspecific. The most common symptoms of CO poisoning are headache, dizziness, weakness, nausea, vomiting, chest pain, and altered mental status.

You Can Prevent Carbon Monoxide Exposure

- Do have your heating system, water heater and any other gas, oil, or coal burning appliances serviced by a qualified technician every year.
- Do install a battery-operated or battery back-up CO detector in your home and check or replace the battery when you change the time on your clocks each spring and fall. If the detector sounds leave your home immediately and call 911.
- Do seek prompt medical attention if you suspect CO poisoning and are feeling dizzy, lightheaded, or nauseated.
- Don't use a generator, charcoal grill, camp stove, or other gasoline or charcoal-burning device inside your home, basement, or garage or near a window.
- Don't run a car or truck inside a garage attached to your house, even if you leave the door open.
- Don't burn anything in a stove or fireplace that isn't vented.
- Don't heat your house with a gas oven.

Upcoming Regular Monthly Meetings



December 21, 2016
Regular Meeting—
Tangier's
What Can the BWC Library Do For You?
Sharon Roney
BWC Library



January 18, 2017
Regular Meeting—
Tangier's
First Energy



December's Featured Program...

What Can the BWC Library Do For You?

Sharon Roney
Administrator—BWC Library

Learn what the BWC Library can do for you! This presentation covers the services of the BWC Library, how to find the safety information inside the Ohio BWC website along with several of the most popular websites for occupational safety information, and how to use internet search engines more efficiently through the advanced search techniques.

Upcoming SCSC Seminars



**Refresher and Updates to
OSHA's Recordkeeping
and Reporting Rule
December 13, 2016**

3 Hour class at Tangier's
8:30 to 11:30 AM
\$10

**Contact Sally
For reservations**

2016 Hunger-Free Families Campaign

We will conclude our annual food and funds drive during our meeting on December 21, 2016.

Food donations are welcome, especially the Super Six most needed food items: boxed cereal, peanut butter, canned tuna, canned vegetables, canned beef stew, and canned soup.

Financial donations via cash or check are also welcome. Every \$1 donated can provide four meals for the hungry!



All donors will be entered into a multiple-prize drawing!

November donations—\$921.00 and 322 lbs. of food.

Thank you very much!!

From The University of Akron Emergency Management Dept...

Internships provide students the chance to hone professional skills and gain real-life experience. If you're interested in providing an internship to a student in the University of Akron's Emergency Management Program, Contact Dr. Stacy Willett.

Dr. Stacy L. Willett
Professor
Program Lead
Faculty
Emergency Management & Homeland Security
The University of Akron
330-972-8317
Smuffet@uakron.

Cari's Safety Corner

Q: Why is Nylon Lifting Sling Inspection Important and how do I inspect them?

A: No matter how durable your nylon web sling is, eventually it will wear out and need to be replaced. Inspecting a web lifting sling before each use does not only protect the load your lifting but the people working on the job site. From cuts and abrasions to chemical and heat damage there are several factors that can lead to a damaged sling. Following the below nylon sling check list will ensure each time the sling is used to lift an object everyone and thing is safe.

How to Inspect a Web Sling

Sling Damage: Surface and Edge Cuts It is important to realize that all of the fibers in web slings contribute to the strength of that sling. When there have been a significant number of fibers broken in a nylon web sling, that sling should be taken out of service.

What to Inspect: Broken fibers of equal length indicate that the sling has been cut by an edge. Red core warning yarns may or may not be visible with cuts and are not required to show before removing slings from service.

How to Prevent: Always protect synthetic slings from being cut by corners and edges by using wear pads or other devices.

Sling Damage: Holes, Snags, and Pulls

What to Inspect: Punctures or areas where fibers stand out from the rest of the sling surface.

How to Prevent: Avoid sling contact with protrusions, both during lifts and while transporting or storing.

Sling Damage: Abrasion

What to Inspect: Areas of the sling that look and feel fuzzy indicate that the fibers have been broken by being subject to contact and movement against a rough surface. Affected areas are usually stained.

How to Prevent: Never drag slings along the ground. Never pull slings from under loads that are resting on the sling. Use wear pads between slings and rough surface loads.

Sling Damage: Heat and Chemical

What to Inspect: Melted or charred fibers anywhere along the sling. Heat and chemical damage can look similar and they both have the effect of damaging sling fibers and compromising the sling's strength. Look for discoloration and/or fibers that have been fused together and often feel hard or crunchy.

How to Prevent: Never use nylon or polyester slings where they can be exposed to temperatures in excess of 200° F. Never use nylon or polyester slings in or around chemicals without confirming that the sling material is compatible with the chemicals being used.

Sling Damage: Knots: These compromise the strength of all slings by not allowing all fibers to contribute to the lift as designed. Knots may reduce sling strength by up to 50%.

What to Inspect: Knots are rather obvious problems to detect.

How to Prevent: Never tie knots in slings and never use slings that are knotted.

Sling Damage: Broken/Worn Stitching: The main stitch patterns of web slings have a direct adverse effect on the strength of a sling. The stitch patterns in web slings have been engineered to produce the most strength out of the webbing. If the stitching is not fully intact, the strength of the sling may be affected.

What to Inspect: Loose or broken threads in the main stitch patterns.

How to Prevent: Never pull slings from beneath loads where stitch patterns can get hung up or snagged. Never overload the slings or allow the load edge to directly contact the stitch pattern while lifting. Never place a sling eye over a hook or other attachment whose width/diameter exceeds 1/3 the eye length.



Wellness Survey Results

SCSC WELLNESS Subcommittee Members

Jenni Ticer— Chair

National Machine
Co.

Claudia Dillinger
City of Macedonia

Tracie Collins
Summit County
Educational
Service Center

Selma Muller
Copley Township

Kim Donato
Steere Enterprises

There were a total of 91 respondents to our Wellness Survey in October. These are the results:

- 65% do not participate in Wellness at your workplace
- 81% would participate in our next SCSC Wellness challenge
- 53% are not interested if a fee for participating is involved
- 87% would participate if an incentive is offered
- 59% would like a competition between groups
- 88% said a Wellness program is of value to you

The top four Wellness activities which interested you:

- Weight loss/Maintenance
- Daily step challenge
- Stress reduction
- Nutrition based challenge

The top three ways you would like to receive Wellness information:

- Weekly emails
- Monthly emails
- Talks by experts

81% are interested in attending a Wellness workshop and 93% agree it should be a half day event.

Thank you to everyone who participated! Based on YOUR input, watch for new Wellness Challenges in 2017 and a Half-Day Wellness Workshop.

If anyone is interested in joining the Wellness Committee, please contact Jenni Ticer at jticer@nmgaerospace.com

SCSC

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Susan Elliott of
WMK, Inc.
was the winner of
\$78.00.00 in
November's
50/50 raffle!

SCSC's share was
donated to the Akron-
Canton Regional
Foodbank!

Thank you for supporting
SCSC and the Akron-
Canton Regional
Foodbank!

Mission Statement

To promote well
being and
injury prevention by
offering informational
and educational
opportunities to both the
private and public
sectors within the
community.

Co-sponsored by the
Ohio
Bureau of Workers'
Compensation (BWC)

Fact Sheet: The Importance of Root Cause Analysis during Incident Investigation

A document produced by OSHA and the Environmental Protection Agency (EPA) urges employers to conduct a root cause analysis after incidents or near misses at their facilities. The document outlines the process of root cause analysis describes tools you can use to create this investigation and additional resources. Conducting a root cause analysis can help prevent future accidents from occurring.

<https://www.osha.gov/Publications/OSHA3895.pdf>



Upcoming BWC Class Schedule (North Canton)

339 E. Maple St., Suite 200
North Canton, OH 44720

Register at bwclearningcenter.com

OSHA Recordkeeping Half-day Workshop Dec 8 - 8:30AM – 12noon

Violence in the Workplace Dec 8 -1PM -4:30PM

Emergency Preparedness Planning Jan 11

Industry Safety Elements - OSHA 10 General Industry Jan 23-24

Trenching and Excavation: Feb 15-16

FY17 BWC Safety Council Rebate Program Requirements

For those members who are eligible to participate in BWC's Safety Council Rebate Program this year, the following requirements must be met between **7/1/16 and 6/30/17**:

- **Enrollment with safety council by 7/31/16.**
- **Attendance at 10 Safety council meetings/events.** At least 8 thru the local safety council. You can get credit for up to two meetings at BWC's safety training courses or other offsite industry-specific training courses./seminars. Certificate must be submitted to safety council.
- **CEO attendance at one safety council sponsored meeting.**
- **Submit semi-annual reports for the 2016 calendar year.**