



Safety & Health News

U Drive. U Text. U Pay.

Upcoming Regular Monthly Meetings



April 19, 2017

Regular Meeting—
Tangier's

The Real Cost of Safety
Rich McElhane
2016 Safety Awards
Presentation



May 17, 2017

Regular Meeting—
Tangier's

**Summertime and the
Livin' is Easy (So Stay
Healthy)**

Dr. Margo Erme
Summit County Public
Health Dept.



June 21, 2017

Regular Meeting—
Tangier's

Kurt Kollar
Ohio EPA

Distracted driving kills and injures thousands of people each year.

Distracted driving is any activity that diverts attention from driving, including talking or texting on your phone, eating and drinking, talking to people in your vehicle, fiddling with the stereo, entertainment or navigation system—anything that takes your attention away from the task of safe driving.

Texting is the most alarming distraction. Sending or reading a text takes your eyes off the road for 5 seconds. At 55 mph, that's like driving the length of an entire football field with your eyes closed.

In 2015 alone, 3,477 people were killed, and 391,000 were injured in motor vehicle crashes involving distracted drivers.

Nationwide, an estimated 600,000 vehicles are being driven during daylight hours by someone using a cell phone, according to the National Highway Traffic Safety Administration (NHTSA). That's

about 11% of drivers. About 20% of drivers admit to using a cell phone to surf the Internet while driving, according to an AT&T study. That creates enormous potential for deaths and injuries on U.S. roads. Teens were the largest age group reported as distracted at the time of fatal crashes.

(NHTSA) leads the fight nationally against distracted driving by educating Americans about its dangers and partnering with the States and local police to enforce laws against distracted driving that help keep us safe.

The foundation of NHTSA's efforts on distracted driving and other risky driving behaviors is a partnership with the States and local police. The States determine laws affecting distracted driving, but NHTSA provides Federal investments in the locally driven strategies that address the States' specific needs. One of the highlights of this relationship comes during **April's Distracted Driving Awareness Month**, which pairs a national advertising campaign with a law enforcement crackdown called **U Drive. U Text. U Pay.**



Upcoming SCSC Seminars



NFPA 70E—Arc Flash & Energized Electrical Work hazards Training

May 25, 2017

8 hour class at
Tangier's
Instructed by
Jerry Bennett of
Hilscher-Clarke Electric
\$20



First Aid, CPR, AED, Bloodborne Pathogen Training

June 22, 2017

6 hour class at
Tangier's
Instructed by John Shull
of Shull Medical
Educators
(ASHI Certified)
\$20

**Contact Sally
For reservations**

April's Featured Program...

The Real Cost of Safety

Rich McElhaney ~ Allied Insurance Brokers

Hear Richard McElhaney as he talks about a traumatic injury that occurred when he was the Safety Manager on a large construction project. Rich's story clearly demonstrates the importance of pre-planning and safety preparedness.

Key takeaways:

- Mr. McElhaney identifies the direct and indirect costs of a catastrophic incident.
- He defines the six critical core elements of an effective safety management program.
- Finally, in a dramatic conclusion, he reveals who pays the ultimate price when it comes to disabling injuries.

Mr. McElhaney received his B.S. in Occupational Safety and Health Management from Slippery Rock University in 1992 and earned his Masters in Safety Management from West Virginia University in 2011. He has been in the Occupational Health and Safety field for over 25 years. His diverse safety background includes extensive knowledge of and expertise in construction, general industry, and mining. Most importantly, he understands people. He is a proficient public speaker who captures his audience's attention through compassion and a common-sense safety approach. He has reached thousands in many different countries including Australia, Canada, China, South Africa, and Panama.

National Safety Stand-Down to Prevent Falls set for May 8-12

Last year, more than 1,900 workers participated in a stand-down event at the construction site of the MGM Casino in Oxon Hill, Md. Employers and workers are invited to participate in the fourth annual National Safety Stand-Down to prevent falls in construction, to be held May 8-12. Sponsored by OSHA, the National Institute for Occupational Safety and Health and CPWR — The Center for Construction Research and Training, the weeklong outreach event encourages employers and workers to pause during the work day to talk about fall hazards and prevention. Falls are the leading cause of death in the construction industry — accounting for 37 percent of fatalities industry-wide. In past years, more than 1 million workers participated in events. They have worked for public and private sector employees and small and large businesses. The event has recently expanded to include industries beyond construction. For more information on how to join in this year's stand-down, access free training and education resources in English and Spanish, and receive a personalized certificate of participation, visit OSHA's webpage.

**From The
University of
Akron
Emergency
Management
Dept...**

Internships provide students the chance to hone professional skills and gain real-life experience. If you're interested in providing an internship to a student in the University of Akron's Emergency Management Program, Contact Dr. Stacy Willett.

Dr. Stacy L. Willett
Professor
Program Lead
Faculty
Emergency Management & Homeland Security
The University of Akron
330-972-8317
Smuffet@uakron.

Cari's Safety Corner

Q: Can Transparent Blue Screens Be Used for Welding Operations to Protect against Hazardous Arc Light?

A: Welding operations emit visible light and ultraviolet light (UV rays) just like those emitted from the sun. Unprotected exposure to welding arc light can cause eye injuries such as welding flash from short term exposure, to cataracts and retinal damage from extended periods or repeated short-term exposures. Unprotected skin can also experience a "sun-burn" from exposure to the UV light.

Because the source of the UV light is much closer than that from the sun, the effects of the UV light are experienced more quickly than when exposed to the sun. Therefore, welders and employees adjacent to welding operations must be protected from the UV light. The welders are protected from UV rays by protective lenses in glasses or their welding helmets. Partitioned booths and portable welding screens made of semitransparent or dark vinyl were developed in the 70's to protect bystanders. The trend for more transparent screens came about in the welding industry to allow outside personnel the ability to see the progress of welding operations and for the protection of the welder in case of an emergency that requires assistance. Welding screens also protect welders from the arc light of adjacent welders when they are not wearing their helmets or protective shades during setup time.

Not all screen colors protect the eye equally. Welding arcs emit hazardous levels of blue light that must be filtered to prevent injury. Blue screens appear blue because they allow a larger portion of the blue light, in the visible spectrum of light, to reach the eye. **Consequently, the transparent blue screens do not adequately filter out the blue light and should not be used. Blue transparent screens are not compliant with the welding screen requirements set by the American Welding Society (AWS) standard AWS F2.3M:2011, *Specification for Use and Performance of Transparent Welding Curtains and Screens.***

New email sign-up available for recordkeeping reminders and updates on electronic submission of injury logs

OSHA has established an email notification system to provide recordkeeping reminders as well as updates on a new requirement that employers electronically submit their injury and illness logs to the agency. This year's deadline is July 1, 2017. OSHA is not accepting electronic submissions at this time, but will notify interested parties when and how to provide electronic submissions. To receive these notifications, sign up online.



**SCSC
WELLNESS
Subcommittee
Members**

Jenni Ticer—Chair
National Machine Co.

Claudia Dillinger
City of Macedonia

Tracie Collins
Summit County
Educational
Service Center

Selma Muller
Copley Township

Kim Donato
Steere Enterprises

Muscle Up! Challenge Continues

The body fat loss monitors will be available again at April's safety council meeting. Stop by the Wellness Committee table and check your progress! The challenge ends May 19th.

The Wellness Subcommittee is hoping that you will join us in the Summit County Safety Council **muscle Up!** Challenge. This challenge begins the week of March 12th and ends May 19th. The goal of the challenge is to decrease your body fat composition and increase your percentage of lean muscle. You can use the worksheet provided at the March meeting to self-record your body fat percentage. The measurements can be easily obtained using your own electronic scale (if so equipped), purchasing a hand-held unit to use at home (such as an Omron Fat Loss Monitor), using resources available at your gym, or by coming to the monthly meetings where units will be available for your use. You can also get an electronic copy of the worksheet and sign up for bi-weekly email tips on building lean muscle by emailing jticer@nmgaerospace and putting "**Muscle Up!**" in the subject line.

Here's how the challenge works:

- Record your body fat percentage during the week of March 12th (units available at the March 15th meeting).
- Record your body fat percentage during the week of April 16th (units available at the April 19th meeting). This is an optional progress check.
- Record your body fat percentage on or before May 19th (units available at the May 17th Meeting).
- Calculate your difference in % body fat during the challenge and turn in only your final result expressed at body fat % lost or gained by May 19th.
- All final results will remain confidential and prizes will be distributed at the June meeting.

SCSC

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Summitcountysafetycouncil@gmail.com

Carla DeSantis of Akron Energy was the winner of \$87.00 in The March 50/50 raffle!

Thank you for supporting SCSC!

Mission Statement

To promote well being and injury prevention by offering informational and educational opportunities to both the private and public sectors within the community.

Co-sponsored by the Ohio Bureau of Workers' Compensation (BWC)



Upcoming BWC Class Schedule (North Canton)

339 E. Maple St., Suite 200
North Canton, OH 44720

Register at bwclearningcenter.com

Hazardous Waste Operations and Emergency Response Awareness – April 18 AM
Noise and Hearing Conservation Half-day Workshop – April 18 PM
Controlling Workers' Compensation Costs – April 20
Industry Safety Elements (OSHA 10) – April 26-27
Hazard Communication – May 4
Emergency Preparedness Planning – May 10
Powered Industrial Trucks: Developing a Training Program Half-day Workshop – May 17 AM
Job Safety Analysis – May 17 PM
Train the Trainer Techniques for Safety – May 22-23

FY17 BWC Safety Council Rebate Program Requirements

For those members who are eligible to participate in BWC's Safety Council Rebate Program this year, the following requirements must be met between **7/1/16 and 6/30/17**:

- **Enrollment with safety council by 7/31/16.**
- **Attendance at 10 Safety council meetings/events.** At least 8 thru the local safety council. You can get credit for up to two meetings at BWC's safety training courses or other offsite industry-specific training courses./seminars. Certificate must be submitted to safety council.
- **CEO attendance at one safety council sponsored meeting.**
- **Submit semi-annual reports for the 2016 calendar year.**